

What's in Tobacco

Smoke?

Have you ever wondered what's really in tobacco smoke—the smoke that comes from a burning cigarette, cigar, or pipe? Well here are the “ABC’s of Tobacco Smoke:”

- ☀ Acetaldehyde – *flammable liquid used in perfumes*
- ☀ Acetone – *nail polish remover*
- ☀ Ammonia – *floor & toilet cleaner*
- ☀ Acrolein – *poisonous liquid*
- ☀ Arsenic – *a highly poisonous metallic element*
- ☀ Benzene – *highly flammable liquid*
- ☀ Butane – *cigarette lighter fluid*
- ☀ Carbon monoxide – *car exhaust fumes*
- ☀ Chromium – *used to harden steel*
- ☀ DDT – *insecticide used in crop dusting*
- ☀ Formaldehyde – *embalming fluid*
- ☀ Hydrogen cyanide – *gas chamber poison*
- ☀ Lead – *a toxic metal*
- ☀ Methanol – *rocket fuel*
- ☀ Naphthalene – *mothballs*
- ☀ Nickel – *common metal used in batteries*
- ☀ Nicotine – *insecticide and highly addictive drug*
- ☀ Nitrobenzene – *gasoline additive*
- ☀ Nitrogen oxide – *anesthetic or “laughing” gas*
- ☀ Phenol – *caustic compound used in plastics*
- ☀ Strychnine – *rat poison*
- ☀ Styrene – *colorless oily liquid*
- ☀ Sulfur dioxide – *extremely irritating gas*
- ☀ Toluene – *industrial solvent*
- ☀ Urethane – *a solvent*

☀ Vinyl chloride – *used to make PVC piping*

These are just a few of the over *4,000 chemicals and metals* that have been found in mainstream and secondhand tobacco smoke.

**Watch out for that
smoldering cigarette!**